

Local Wellness Policy: Triennial Assessment Summary

Results, Progress and Goals

1. General Information

School(s) included in assessment: Miami R1 School

Month and year of current assessment: APRIL 2024

Date of last LWP revision: 3/23/2022

Website address for LWP and/or details on how public can access a copy:

<https://www.miamik12.net>

2. Wellness Committee Information

How many times per year does your Wellness Committee meet? quarterly (4)

POLICY LEADERSHIP: Designated School Wellness Leader

Name	Job Title	Email Address
Alanda Powell	Food Service Director	apowell@miamik12.net

PUBLIC INVOLVEMENT: School Wellness Committee Members

*A diverse group of stakeholders should be invited including Administrators, Classroom Teachers, PE Teachers, SFA Reps, School Nurses, Community Members, Parents, Students, Medical/Healthcare Professionals

Name	Job Title	Email Address
Dr. Johnson	Superintendent	djohnson@miamik12.net
Zech Blaine	Principal	zblaine@miamik12.net
Dee Botkin	Counselor	dbotkin@miamik12.net
Tara Tidman	5 grade teacher	ttidman@miamik12.net
Kyson Schmidt	Senior student	kschmidt@miamik12.net
Devyn Hair	PE	dhair@miamik12.net
Shirlie West	3rd grade teacher	swest@miamik12.net
Lisa Filtingberger	Sup. Secretary	lfiltingberger@miamik12.net

[Shannon Gray](#)

[Bob Gray](#)

[Shelby Fairbairn](#)

[Donna Dodds](#)

[Bookkeeper](#)

[Maintenance](#)

[Senior student](#)

[School Nurse LPN](#)

sgray@miamik12.net

bgray@miamik12.net

sfairbairn@miamik12.net

ddodds@miamik12.net

4. ASSESS School Compliance with LWP and Progress Towards Goals

- Complete the *CDC's School Health Index (SHI)* - <https://www.cdc.gov/healthyschools/shi/index.htm>;
OR *Alliance for a Healthier Generation School Level Thriving Schools Integrated Assessment (TSIA)* - <https://www.healthiergeneration.org/take-action/get-help/how-to-complete-an-assessment#schools>;
OR *CDC's Wellness Policy in Action Tool (WPAT)* - <https://www.cdc.gov/healthyschools/wpat/index.htm>
OR *similar assessment tool*: _____

**Refer to language in your current local wellness policy to assist in determining preferred assessment tools for your district*

- Assessment Tool Scores: _____
- Keep a copy of the results on file for at least three full school years plus the current year.

Using the tables below:

First, indicate language that is currently written in district local wellness policy in relation to each topic listed.

Next, assess and discuss whether the district is meeting the goal, partially meeting the goal, or not meeting the goal.

Finally, indicate the progress made for each goal and next steps that have been identified.

Nutrition Guidelines for All Foods & Beverages for Sale at School (School Meals, Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
All foods & beverages sold to students during school days on any property will meet USDA x school meal and smart snacks nutrition standards.				

Guidelines for Other Foods and Beverages Available at School, but Not Sold (celebration snacks, etc.)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
Nutrition guidelines outlined in this section do not apply to food or beverages brought from home by students for consumption	x			

Marketing and Advertising of Only Food and Beverages that Meet Smart Snack Guidelines	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps

Nutrition Education & Nutrition Promotion Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
PE and Health class promote good eating habits and activity	X			

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
PE and Elementary recess	X			

Other School-based Strategies for Wellness Goal(s) (staff wellness, community partnership, family engagement, etc.)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
Staff weight loss challenge yearly	x			

- Include additional notes, if needed:

5. SHARE Triennial Assessment Results with the Public

- **UPDATE/INFORM THE PUBLIC:** WellSAT 3.0 results, SHI results, or similar evaluation tool results, and Triennial Assessment Summary, or similar document which includes summary of goals and progress, should be posted publicly.
- Where to share publicly? *school newsletter, social media, school website, school board meeting, district wellness committee meeting, open house events, etc.*